## Reporting Symptoms and/or Exposure

All faculty, staff, and students are required to self-report any COVID-19 symptoms, known exposures, or travel within your household (see the list of symptoms below). Reports may be submitted via email to info@crowden.org. Do not wait for a confirmed case to report symptoms. Crowden will follow-up about any reported symptoms and establish the conditions for returning to campus.

Crowden will track and document incidents of possible exposure and notify local health officials, staff and families of any positive case of COVID-19 while maintaining confidentiality, as required under FERPA and state law related to privacy of educational records.

## **COVID-19 Symptoms in Adults and Children**

The symptoms of COVID-19 are similar in children and adults. However, children with confirmed COVID-19 have generally presented with milder symptoms.

## Common symptoms include:

- Fever
- Coughing/sneezing
- Sore throat
- Fast or shallow breathing
- Chills
- Muscle pain or fatigue
- Headache/stomachache/nausea
- New loss of taste or smell

Possible symptoms that tend to present more in children include:

- Cold-like symptoms, including runny nose or congestion
- Belly pain
- Vomiting or diarrhea
- A rash
- Swelling of the hands or feet
- Joint pain
- Dizziness

## **Returning from Travel**

Crowden requires that all staff members, students, parents and visitors observe CDC guidelines when returning from travel. Those guidelines may include self-quarantining at home and monitoring of symptoms for a period of time, depending on the travel destination and the group of people traveling. CDC guidelines can be found here.